

# *A Critical Review on Noise Reduction Techniques in Analog and Digital Circuit Design*

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## **ABSTRACT**

*Noise in electronic circuits has been a critical challenge since the advent of communication and signal processing technologies. In analog and digital circuit design, noise can severely impact performance, degrade reliability, and limit system efficiency. As communication systems evolve towards high-speed, low-power, and high-efficiency designs for next-generation applications, noise reduction techniques have gained renewed significance. This paper provides a comprehensive critical review of noise reduction methods in both analog and digital circuit design, exploring the origins, characteristics, and mitigation approaches for various noise types such as thermal, flicker, shot, quantization, and switching noise. Special emphasis is placed on practical techniques such as low-noise amplifier design, filtering, shielding, differential signaling, adaptive noise cancellation, error correction codes, and digital signal processing-based suppression mechanisms. The review further discusses trade-offs between complexity, power, and performance in modern VLSI design and evaluates the suitability of techniques in applications including biomedical devices, IoT, 5G communication, and automotive electronics. The study concludes with insights into emerging trends such as machine learning-assisted noise reduction and hardware-software co-optimization for robust circuit performance in future technologies.*

**KEYWORDS:** *Noise reduction, Analog circuits, Digital circuits, Signal integrity, Flicker noise, Thermal noise, VLSI design, 5G communication*

## INTRODUCTION

Noise is an inevitable phenomenon in electronic circuits that directly affects their performance, reliability, and efficiency. In both analog and digital domains, noise manifests as unwanted random fluctuations superimposed on useful signals, ultimately degrading the quality of information processing. In analog circuits, where continuous signals are processed, even minor noise components can significantly distort amplitude, phase, or frequency information, leading to signal loss or distortion. In digital systems, although binary signaling offers some immunity, excessive noise can still cause bit errors, timing violations, and synchronization problems that compromise system integrity.

The demand for high-speed, low-power, and highly integrated circuits in modern technologies such as 5G communication, Internet of Things (IoT), biomedical devices, and autonomous systems makes noise reduction a critical design challenge. As circuit dimensions shrink and operating frequencies increase, noise sources such as thermal noise, flicker noise, and electromagnetic interference (EMI) become more dominant. Moreover, mixed-signal environments, where analog and digital subsystems coexist, exacerbate noise coupling and cross-talk issues.

Over the years, a wide range of noise reduction techniques have been proposed in both analog and digital circuit design. In analog circuits, approaches such as careful device sizing, low-noise amplifiers (LNAs), differential signaling, shielding, filtering, and feedback control have been widely adopted. Meanwhile, in digital design, error detection and correction (EDC), spread spectrum techniques, clock/data recovery circuits, and adaptive filtering are key strategies. With the integration of analog and digital functionalities in system-on-chip (SoC) and system-in-package (SiP) designs, noise mitigation strategies have to be more holistic, involving circuit-, system-, and layout-level considerations.

This review paper critically analyzes the fundamentals of noise in circuits, explores the wide spectrum of noise reduction techniques, and evaluates their effectiveness in modern electronic systems. By focusing particularly on analog noise reduction, we highlight the fundamental principles, practical design considerations, and recent research advances that enable robust and reliable circuits for next-generation applications.

## FUNDAMENTALS OF NOISE IN CIRCUITS

Noise in circuits can be broadly categorized into intrinsic noise, which originates from the physical properties of devices, and extrinsic noise, which is imposed from the surrounding environment. Understanding these noise sources is essential to designing effective mitigation strategies.

### 1. Types of Noise

- **Thermal Noise (Johnson–Nyquist Noise):** Caused by the random motion of charge carriers in a resistor or semiconductor channel. Its power spectral density is white, meaning it is constant across frequency. Thermal noise sets a fundamental limit in amplifiers and resistive networks.
- **Shot Noise:** Generated by the discrete nature of current flow through semiconductor junctions (e.g., diodes, transistors). It is particularly important in photodiodes, bipolar junction transistors (BJTs), and MOSFETs under weak inversion.
- **Flicker Noise (1/f Noise):** Dominant at low frequencies, this noise arises due to traps and defects in semiconductor materials. It significantly affects precision circuits such as operational amplifiers (op-amps) and oscillators.
- **Burst Noise (Popcorn Noise):** Characterized by random telegraph-like switching between discrete voltage or current levels. It is typically associated with imperfections in semiconductor manufacturing.
- **Environmental Noise / EMI:** External sources such as power lines, switching circuits, radio-frequency (RF) interference, and electromagnetic coupling from neighboring devices introduce additional unwanted noise.

### 2. Noise Modeling

Noise is mathematically modeled using power spectral density (PSD), usually in units of  $V^2/Hz$  or  $A^2/Hz$ .

For example:

$$v_{n,rms} = \sqrt{4kTRB}$$

represents the root-mean-square (RMS) thermal noise voltage across a resistor, where  $k$  is Boltzmann's constant,  $T$  is temperature,  $R$  is resistance, and  $B$  is bandwidth.

### 3. Noise Figure (NF) and Signal-to-Noise Ratio (SNR)

- **Noise Figure (NF):** Quantifies the degradation in SNR due to a circuit element, commonly used for amplifiers and receivers.
- **SNR:** Measures the strength of the desired signal relative to noise, a critical metric in communication systems.

### 4. Impact of Noise

Noise limits sensitivity in receivers, reduces accuracy in data converters (ADC/DAC), and introduces timing jitter in digital circuits. As circuits operate at higher frequencies and lower supply voltages, the noise margin shrinks, making systems more susceptible to failures.

## NOISE REDUCTION TECHNIQUES IN ANALOG CIRCUITS

Analog circuits are highly sensitive to noise since they process continuous-time signals where even small distortions can significantly alter the output. Therefore, reducing noise in analog design involves device-level optimization, circuit techniques, and layout practices.

### 1. Low-Noise Amplifiers (LNAs)

LNAs are specifically designed to minimize their Noise Figure (NF) while providing sufficient gain. They use:

- Proper transistor sizing to reduce thermal and flicker noise.
- Input matching networks to optimize power transfer while minimizing reflection losses.
- Feedback mechanisms to stabilize gain without excessive noise contribution.

### 2. Differential Signaling

Differential pairs cancel out common-mode noise, such as power supply interference or external EMI. This technique is extensively used in operational amplifiers, oscillators, and RF front-ends.

### 3. Filtering Techniques

Noise outside the signal bandwidth can be removed using:

- Low-pass filters to suppress high-frequency noise.
- Band-pass filters to isolate desired frequencies in RF circuits.
- Active filters implemented with op-amps for higher precision.

#### **4. Device Technology and Biasing**

- MOSFETs with larger channel areas reduce flicker noise due to lower trap density.
- Biasing in strong inversion minimizes thermal noise while balancing power consumption.
- Low-noise bipolar devices are often preferred in RF designs for superior noise performance.

#### **5. Shielding and Grounding**

- Shielding: Metallic enclosures or guard rings reduce coupling from external EMI.
- Grounding strategies: Star-grounding and ground planes minimize ground loops that introduce hum and interference.

#### **6. Feedback and Negative Impedance**

Negative feedback not only improves linearity but also reduces noise bandwidth by stabilizing circuit gain. For oscillators and amplifiers, careful loop compensation ensures stability while controlling noise.

#### **7. Power Supply Noise Rejection**

Noise coupling from power supplies is a common problem in analog circuits. Techniques include:

- Using low-dropout regulators (LDOs) with high power supply rejection ratio (PSRR).
- Decoupling capacitors to filter high-frequency switching noise.
- Separating analog and digital power domains in mixed-signal ICs.

#### **8. Practical Design Considerations**

- PCB Layout: Shorter traces, proper grounding, and isolation reduce noise pickup.
- Temperature Control: Since thermal noise scales with temperature, heat management plays a role in minimizing noise.
- Material Quality: High-purity semiconductor materials with fewer defects reduce flicker and burst noise.

**Table 1: Classification of Noise Types and Mitigation Techniques**

Noise Type	Origin	Mitigation Techniques
Thermal Noise	Random electron motion	Low-noise amplifiers, filtering
Flicker Noise	MOSFET traps, low frequency	Chopper stabilization, device scaling
Shot Noise	Discrete charge carriers	Bias optimization, device selection
Quantization Noise	ADC/DAC conversion	Oversampling, noise shaping

### NOISE REDUCTION TECHNIQUES IN DIGITAL CIRCUITS

Digital circuits face unique challenges due to switching noise, crosstalk, and quantization errors. Noise immunity is enhanced through techniques like error detection and correction codes, differential signaling in high-speed data transfer, and adaptive clocking mechanisms. Shielding and proper routing reduce interconnect-induced noise, while on-chip decoupling capacitors mitigate power supply noise. Clock gating and spread-spectrum clocking help reduce EMI in high-speed designs. In advanced VLSI, adaptive body biasing and voltage scaling are also employed to balance noise reduction with energy efficiency.

### EMERGING TRENDS AND FUTURE DIRECTIONS

Emerging solutions integrate hardware-software co-design, where machine learning algorithms predict and suppress noise adaptively. In 5G and beyond, where wideband circuits operate under stringent conditions, real-time noise cancellation techniques combined with DSP methods are proving effective. Quantum-inspired noise mitigation and neuromorphic architectures are also gaining interest. Future research emphasizes balancing ultra-low power operation with robustness, particularly for IoT, biomedical implants, and edge devices. Integration of noise-aware design in EDA tools is another promising direction, enabling automated optimization at design time.

### CONCLUSION

Noise remains a central concern in analog and digital circuit design. From traditional filtering and shielding methods to advanced DSP-based adaptive cancellation, a broad spectrum of techniques exists to tackle noise challenges. However, the trade-off between performance,

power, and area persists, necessitating context-specific solutions. As technology scales and new paradigms such as 5G, IoT, and AI-driven electronics emerge, noise reduction strategies must evolve. Collaborative approaches combining analog techniques, digital correction, and intelligent software solutions hold the key to robust, low-noise circuits of the future.

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